

AUTUMN EQUINOX SOUND BATH

Immerse yourself in therapeutic sounds that calm the mind, heal the body and uplift the spirit.

📅 **Monday, September 21** 📍 **Hudson's Green Nature & Activity Centre**

🕒 **6 - 7 p.m.**

✓ **Cost: \$40**

REGISTER NOW

Register Online

Ponoka.ca/recreation-programming

Or Register In Person

*Ponoka Aquaplex
(5315 46 Avenue)*

Help Shape Our Future: Recreation & Tourism Strategy



Ponoka citizens are invited to share their input and ideas as the Town of Ponoka prepares to create a new Recreation and Tourism Strategy.

A new Recreation and Tourism Strategy will help the Town make evidence-based decisions about how changes to recreation and tourism can contribute to Ponoka's well-being and economic development.

Community members can learn more about the Recreation and Tourism Strategy and offer their input by completing a survey in one of two ways:

- Online at **LetsTalkPonoka.ca**; and
- Paper copies are available at the Ponoka Aquaplex, Ponoka Arena Complex and the Town Office on the second floor of the Ponoka Civic Centre.

The survey will remain open until Tuesday, September 29 at midnight.

ACTIVE ADVENTURES

📅 **SEPTEMBER 18**

🕒 **8 a.m. - 4 p.m.**

📍 **Ponoka Arena Complex**

✓ **Ages 6 - 14**

🌐 **Register at [Ponoka.ca/recreation-programming](https://ponoka.ca/recreation-programming)**

Active Adventures run on professional development days and school breaks.

Community Sponsorship and Funding Requests

Will your community group or organization have a sponsorship or funding request for the Town of Ponoka in 2027?

All requests must be submitted before September 30, 2026.

Application forms are available online at **[Ponoka.ca/sponsorships-and-funding-requests](https://ponoka.ca/sponsorships-and-funding-requests)**.

Paper copies are also available at the Town Office on the second floor of the Ponoka Civic Centre.

All requests will be collected and presented to Town Council for careful review and consideration during the 2027 Budget deliberation process.

For more information, please visit the Town's website at [Ponoka.ca/sponsorships-and-funding-requests](https://ponoka.ca/sponsorships-and-funding-requests)



~ TOWN NEWS ~

- **Barre and Child Supervision** - Join us for an low-impact, high burn and full body workout. Child supervision is available. Classes run on Fridays from September 18 to November 27 from 11:15 a.m. to 12 p.m. at Got 2 Dance Studio. Register online at [Ponoka.ca/recreation-programming](https://ponoka.ca/recreation-programming) or in person at the Ponoka Aquaplex.
- **Pilates Classes** - Build strength, improve posture and connect with your body in a positive, supportive environment. Classes run Mondays until September 28 from 7:45 to 8:30 p.m. in the Ponoka Aquaplex Multi-Purpose Room. Register online at [Ponoka.ca/recreation-programming](https://ponoka.ca/recreation-programming) or in person at the Ponoka Aquaplex.
- **Yoga Classes** - Join Carol Morrow for a guided mind-body yoga practice designed to improve flexibility and reduce stress. Classes run Wednesdays until November 25 from 6 to 7:30 p.m. at Hudson's Green Nature and Activity Centre. Register online at [Ponoka.ca/recreation-programming](https://ponoka.ca/recreation-programming) or in person at the Ponoka Aquaplex.
- **Deadline for Outstanding Property Taxes** - To avoid further penalties, Tuesday, September 29 is the last day to pay your 2026 property taxes in person at the Town Office (#200, 5604 50 Street). As of October 1, a seven per cent penalty will be added to any outstanding current year levy balances. For more information and for a list of payment options, please visit [Ponoka.ca/property-taxes](https://ponoka.ca/property-taxes)
- **Grey Carts and Green Carts** should be placed at the curb for pick up on September 16, 17 and 18 - depending on your Zone.
- **Green Carts and Recyclable Materials** bundled in clear or blue transparent plastic bags and carts should be placed at the curb for pick up on September 23, 24 and 25 - depending on your Zone.



~ UPCOMING COUNCIL MEETINGS ~

- Next **TOWN COUNCIL MEETING**: Tuesday, September 22 at 7 p.m.
The public is welcome to attend all Council meetings. Meetings will be held in Town Council Chambers on the third floor of the Ponoka Civic Centre (5604 50 Street).
- **Council Meeting Highlights** - Can be viewed at [Ponoka.ca/council-meeting-highlights](https://ponoka.ca/council-meeting-highlights)



Hometown Weekly

Town of Ponoka News and Events

Town of Ponoka
#200, 5604-50 Street,
Ponoka, AB T4J 1G5
Phone: 403-783-4431
Website: [Ponoka.ca](https://ponoka.ca)

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