



Aquaplex Schedule September 8 - December 23, 2026

Sunday & STAT Holidays	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sensory Swim 11 a.m. - 12 p.m. <i>(1st Sunday of the month)</i>	Lap Swim 6 - 7:50 a.m.	Lap Swim 6 - 7:50 a.m.	Lap Swim 6 - 7:50 a.m.	Lap Swim 6 - 7:50 a.m.	Lap Swim 6 - 7:50 a.m.	Lifesaving Lessons 9 a.m. -12 p.m.
Private Pool Rental Time 12 - 1 p.m. <i>(Excluding STATS)</i> <i>*Must Book*</i>						
Lap Swim 1:15 - 2:15 p.m.	Water Fitness 8 - 9 a.m.	Water Fitness 8 - 9 a.m.	Water Fitness 8 - 9 a.m.	Water Fitness 8 - 9 a.m.	Water Fitness 8 - 9 a.m.	Private Pool Rental Time 12 - 1:30 p.m. <i>*Must Book*</i>
Public Swim 2:30 - 5 p.m.						Routine Maintenance/Cleaning 1:30 - 2 p.m.
Information Recorded Schedule: 403-783-0110 Front Desk: 403-783-0131 Check us out on Facebook, and Instagram @TownofPonoka for upcoming events and schedule changes.	School Lessons 9:30 - 11:30 a.m.	School Lessons 9:30 - 11:30 a.m.	School Lessons 9:30 - 11:30 a.m.	School Lessons 9:30 - 11:30 a.m.	School Lessons 9:30 - 11:30 a.m.	Public Swim 2 - 4:45 p.m.
	Lap Swim/Parent & Tot 11:45 a.m. - 12:45 p.m.	Lap Swim/Parent & Tot 11:45 a.m. - 12:45 p.m.	Lap Swim/Parent & Tot 11:45 a.m. - 12:45 p.m.	Lap Swim/Parent & Tot 11:45 a.m. - 12:45 p.m.	Lap Swim/Parent & Tot 11:45 a.m. - 12:45 p.m.	
	School Lessons 1 - 2:30 p.m.	School Lessons 1 - 2:30 p.m.	School Lessons 1 - 2:30 p.m.	School Lessons 1 - 2:30 p.m.	Private Pool Rental Time 1 - 3 p.m. <i>(Excluding PD Days)</i>	Lap Swim 5 - 6 p.m.
	Lap Swim 2:45 - 3:45 p.m.	Routine Maintenance/Cleaning 2:45 - 3:45 p.m.	Lap Swim 2:45 - 3:45 p.m.	Routine Maintenance/Cleaning 2:45 - 3:45 p.m.	Sensory Swim 3 - 4 p.m.	Information • Children 7 and under must be accompanied in the water at all times by a caregiver 16 years of age or older, who must remain within arm's reach. • A lifeguard-administered swim test is required to enter the deep tank.
	Ponoka Pool Sharks 3:45 - 5:30 p.m.	Ponoka Pool Sharks 3:45 - 5:30 p.m.	Ponoka Pool Sharks 3:45 - 5:30 p.m.	Ponoka Pool Sharks 3:45 - 5:30 p.m.	Junior Lifeguard Club/ Private Lessons 4 - 5:30 p.m.	
	Lifesaving Lessons 5:45 - 7:30 p.m.	Toonie Swim 6 - 7:30 p.m.	Lifesaving Lessons 5:45 - 7:30 p.m.	Public Swim 6 - 7:30 p.m.	Inflatable Friday 6 - 7 p.m. <i>Giant inflatable pool toy available during the swim. Please do not bring your own inflatables.</i>	
	Public Swim 7:30 - 9 p.m.	Lap Swim 7:30 - 9 p.m.	Public Swim 7:30 - 9 p.m.	Lap Swim 7:30 - 9 p.m.	Public Swim 7:30 - 9 p.m.	



Admission Prices Aquaplex	Day Pass	10 Use Pass	1 Month	3 Months	6 Months	1 Year
Infant	Free	Free				
Preschool (3 - 4)	\$2	\$20				
Child (5 - 7)	\$4.5	\$45	\$40	\$79.50	\$119	\$198.5
Youth (8 - 17)	\$5.5	\$55	\$53	\$106	\$158.75	\$265
Adult (18 - 59)	\$6.75	\$67.50	\$66	\$132	\$198.5	\$330.75
Senior (60+)	\$5.75	\$57.50	\$50	\$99	\$149	\$248
Family (Up to 5 people)	\$15.75	\$157.50	\$109	\$218	\$328	\$545.75
Group Rates			Multi-purpose Room Rental			
Up to 10 People	\$37		Damage Deposit	\$100		
Up to 15 People	\$55		Room Rental per hour	\$30		
Up to 20 People	\$74		Pool Rentals			
Up to 25 People	\$92		Please call the Aquaplex for Private rentals			
Up to 30 People	\$111					
Recreation Pass Offers access to all programming at the Arena Complex and the Aquaplex			1 Month	3 Months	6 Months	1 Year
Child (5 - 7)			\$56.96	\$113.66	\$170.36	\$284.03
Youth (8 - 17)			\$75.86	\$151.46	\$227.06	\$378.53
Adult (18 - 59)			\$94.76	\$189.26	\$284.03	\$473.03
Senior (60+)			\$71.14	\$142.01	\$212.89	\$354.90
Family (Up to 5 people)			\$156.19	\$312.38	\$468.30	\$780.68