



Aquaplex Schedule July 5 - August 14, 2026

See the other side for our prices and important dates/information.

****Please note that the schedule is subject to change.****

Sunday & STAT Holidays	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sensory Swim 11 a.m. - 12 p.m. (1st Sunday of the month)	Lap Swim 6 - 7:50 a.m.	Lap Swim 6 - 7:50 a.m.	Lap Swim 6 - 7:50 a.m.	Lap Swim 6 - 7:50 a.m.	Lap Swim 6 - 7:50 a.m.	Private Pool Rental Time 12 - 1:30 p.m. *Must Book*
Private Pool Rental Time 12 - 1 p.m. (Excluding STATS) *Must Book*		Ponoka Gators 6:45 - 7:45 a.m. (3 Lanes only)		Ponoka Gators 6:45 - 7:45 a.m. (3 Lanes only)		
Lap Swim 1:15 - 2:15 p.m.	Water Fitness 8 - 9 a.m.	Water Fitness 8 - 9 a.m.	Water Fitness 8 - 9 a.m.	Water Fitness 8 - 9 a.m.	Water Fitness 8 - 9 a.m.	Routine Maintenance/Cleaning 1:30 - 2 p.m.
						Public Swim 2 - 4 pm
Public Swim 2:30 - 5 p.m.	Lifesaving lessons 9 - 11:45 a.m.	Lifesaving lessons 9 - 11:45 a.m.	Lifesaving lessons 9 - 11:45 a.m.	Lifesaving lessons 9 - 11:45 a.m.	Lifesaving lessons 9 - 11:45 a.m.	Private Pool Rental Time 4 - 5 p.m. *Must Book*
						Public Swim 5:30 - 7 p.m.
	Lap Swim/Parent & Tot 11:45 a.m. - 12:45 p.m.	Lap Swim/Parent & Tot 11:45 a.m. - 12:45 p.m.	Lap Swim/Parent & Tot 11:45 a.m. - 12:45 p.m.	Lap Swim/Parent & Tot 11:45 a.m. - 12:45 p.m.	Lap Swim/Parent & Tot 11:45 a.m. - 12:45 p.m.	Information
Recorded Schedule: 403-783-0110 Front Desk: 403-783-0131 *Check us out on Facebook, and Instagram @TownofPonoka for upcoming events and schedule changes.	Public Swim 1 - 3 p.m.	Routine Maintenance/Cleaning 12:45 - 1:45 p.m.	Public Swim 1 - 3 p.m.	Routine Maintenance/Cleaning 12:45 - 1:45 p.m.	Private Pool Rental Time 1 - 3 p.m. *Must Book*	• Children 7 and under must be accompanied in the water at all times by a caregiver 16 years of age or older, who must remain within arm's reach. • A lifeguard-administered swim test is required to enter the deep tank.
	Lap Swim/Parent & Tot 3:30 - 4:30 p.m.	Public Swim 2 - 4:30 p.m.	Lap Swim/Parent & Tot 3:30 - 4:30 p.m.	Public Swim 2 - 4:30 p.m.	Sensory Swim 3 - 4 p.m.	
	Ponoka Gators 4:45 - 6:45 p.m.	Ponoka Gators 4:45 - 6:45 p.m.	Ponoka Gators 4:45 - 6:45 p.m.	Ponoka Gators 4:45 - 6:45 p.m.	Ponoka Gators 4:30 - 6 p.m.	
	Public Swim 7 - 9 p.m.	Toonie Swim 7 - 8 p.m.	Public Swim 7 - 9 p.m.	Public Swim 7 - 8 p.m.	Advanced Courses / Lifesaving Lessons 6 - 7 p.m.	
	Ponoka Gators 8 - 9 p.m. (2 Lanes only)	Lap Swim 8 - 9 p.m.	Ponoka Gators 8 - 9 p.m. (2 Lanes only)	Lap Swim 8 - 9 p.m.	Public Swim 7 - 9 p.m.	



Aquaplex Schedule July 5 - August 23, 2026

Important Information

Facility Statutory Holiday Hours: 1 - 5 p.m.

- **August 3rd**

Facility Upcoming Events

- Drowning Prevention Kick-off Barbecue July 16th 1-3pm. Enjoy a free swim, and hotdog.
- Drowning Prevention week July 20th - 24th . During the public swim enjoy activities and games with the focus being on drowning prevention.

Public Swim: Open to all. Children 7 & under must have a caregiver (16+) in the water within arms reach at all times.

Water Fitness: Instructor-led water workout focusing on cardio, toning, and stretching.

Lap Swim: Lane ropes set up for lap swimming; deep tank open for self-led workouts.

Parent and Tot: For children 5 & under to enjoy the wading pool with a parent.

Lifesaving Lessons: Pre-registered swimming lessons for children ages six months to 16 years.

Ponoka Pool Sharks: Local winter swim club, September – June. More info at ponokapoolsharks.ca.

Ponoka Gators: Local Summer swim club, May – August. More info at ponokagators.ca.

Private Pool Rental Time: Book the pool for parties, team functions, or private swims.

Sensory Swim: An inclusive, sensory-friendly swim designed for individuals with sensory sensitivities. This is a quiet environment with reduced noise levels. Swim features such as the rope, diving board, and slide will be closed during this swim time.

Reasons for Pool Closures

Pools may occasionally need to close unexpectedly due to contamination, chemical imbalance, or mechanical and maintenance issues. While many situations can be resolved quickly, some may require up to 24 hours for proper disinfection or troubleshooting. In certain cases, closures may last longer to ensure the health and safety of all users. Updates about temporary pool closures will be posted on the Town of Ponoka website (ponoka.ca) and on social media (Facebook, and Instagram @TownofPonoka).

Admission Prices Aquaplex	Day Pass	10 Use Pass	1 Month	3 Months	6 Months	1 Year
Infant	Free	Free				
Preschool (3 - 4)	\$2	\$20				
Child (5 - 7)	\$4.5	\$45	\$40	\$79.50	\$119	\$198.5
Youth (8 - 17)	\$5.5	\$55	\$53	\$106	\$158.75	\$265
Adult (18 - 59)	\$6.75	\$67.50	\$66	\$132	\$198.5	\$330.75
Senior (60+)	\$5.75	\$57.50	\$50	\$99	\$149	\$248
Family (Up to 5 people)	\$15.75	\$157.50	\$109	\$218	\$328	\$545.75
Group Rates			Multi-purpose Room Rental			
Up to 10 People	\$37		Damage Deposit	\$100		
Up to 15 People	\$55		Room Rental per hour	\$30		
Up to 20 People	\$74		Pool Rentals			
Up to 25 People	\$92		Please call the Aquaplex for Private rentals			
Up to 30 People	\$111					
Recreation Pass Offers access to all programming at the Arena Complex and the Aquaplex			1 Month	3 Months	6 Months	1 Year
Child (5 - 7)			\$56.96	\$113.66	\$170.36	\$284.03
Youth (8 - 17)			\$75.86	\$151.46	\$227.06	\$378.53
Adult (18 - 59)			\$94.76	\$189.26	\$284.03	\$473.03
Senior (60+)			\$71.14	\$142.01	\$212.89	\$354.90
Family (Up to 5 people)			\$156.19	\$312.38	\$468.30	\$780.68