

SENIORS' WEEK ACTIVITIES FOR 55+

Register online at Ponoka.ca/recreation-programming or in person at the Ponoka Aquaplex (5315 46 Ave).

Please note programs marked with a ☀ require registration as spaces are limited.

Programs are free to attend unless marked otherwise.



MONDAY JUNE 1	TUESDAY JUNE 2	WEDNESDAY JUNE 3	THURSDAY JUNE 4	FRIDAY JUNE 5
Yoga in the Park ☀ 10-11 am Join Carol Morrow at Rotary Park	Aquafit 8-9am Ponoka Aquaplex	Fairy Tale Picnic ☀ 10:15-11 am Ponoka Jubilee Library Coffee, Treats & Storytime with Littles	☀ Chair Yoga with Kris Inglis 11 am Senior Drop In	Garage Sale 10-3 pm United Church
Garden Party Music with Shalaine Stebner 12-2 pm Rotary Park Inclement Weather - Ponoka Arena Complex	Nutrition Session with Dietician Kerry 9-10 am Ponoka Aquaplex	Fairy Tale Picnic 11:15am -12 pm Ponoka Jubilee Library ☀ Coffee, Treats & Storytime with Littles	Seniors' Tea 10-11:30 am Ponoka Jubilee Library	Strawberry Social 1-3 pm Senior Drop In Yard Games Outside Weather Permitting
Learn to Play Pickleball 5-6 pm Pickleball Court	Free Coffee & Cookies 10:30 am - 12 pm Ponoka Legion	Planter Potting ☀ 1:30-3 pm Ponoka Aquaplex	A Look at Reverse Mortgages 11:30 am-12:30 pm Ponoka Aquaplex	Piston Poppers Show & Shine 2:30 pm
	Movie Matinee ☀ Join us to watch UP 1:30-3 pm Capitol Theatre		Rimoka Spring Tea 1:30pm \$2 fee Golden Leisure Lodge	Music Trivia Music of the 50's, 60's & 70's 7-9 pm Ponoka Legion

Free Admission

Spring Festival

Saturday, May 30 from 2 - 5 p.m.
Lions Centennial Park

- Bouncy Castles
- Balloon Twisting
- Yard Games
- Face Painting
- Food Trucks
- Much More!

Learn more at Ponoka.ca/events



It's National Public Works Week!

May 17 to 23

The Town of Ponoka salutes public works employees who provide a long list of essential services in our community including:

- Electrical services;
- Waste management;
- Water services and wastewater operations;
- Roads, traffic and drainage; and
- Building and grounds maintenance.

The services provided by public works employees are vital to the health, safety and well-being of our community.



~ TOWN NEWS ~

- **We Want Your Input** - Visit LetsTalkPonoka.ca to learn more about the proposed improvements for Lions Centennial Park, watch the video and fill out the survey. **The survey will remain open until Sunday, May 24, at 11:59 p.m.** Paper copies of the survey are also available at the Ponoka Aquaplex, Ponoka Arena Complex and the Town Office on the second floor of the Ponoka Civic Centre. Once public input is gathered on the conceptual design ideas, the Town of Ponoka will create a more detailed design based on the input received. There are no plans for construction at this time. The project is only at the 'ideas' stage. Construction of the upgrades to Lions Centennial Park will depend on future consideration and approval of the facility design, location and budget by Town Council.
- **New this Month** – The Town of Ponoka is offering registered volleyball (Mondays) and basketball (Wednesdays) from 6 to 8 p.m. at the Ponoka Arena Complex. You can register online at Ponoka.ca/drop-in-programming or in person at the Ponoka Arena Complex.
- **Green Carts and Recyclable Materials** bundled in clear or blue transparent plastic bags and carts should be placed at the curb for pick up on May 20, 21 and 22 - depending on your Zone.
- **Grey Carts and Green Carts** should be placed at the curb for pick up on May 27, 28 and 29 - depending on your Zone.



~ UPCOMING COUNCIL MEETINGS ~

- Next **TOWN COUNCIL MEETING**: Tuesday, May 26 at 6 p.m.
 - Next **PRIORITIES AND INITIATIVES COMMITTEE MEETING**: Tuesday, June 16 at 6 p.m.
- The public is welcome to attend all Council meetings. Meetings will be held in Town Council Chambers on the third floor of the Ponoka Civic Centre (5604 50 Street).
- **Council Meeting Highlights** - Can be viewed at Ponoka.ca/p/council-meeting-highlights



Hometown Weekly

Town of Ponoka News and Events

Town of Ponoka
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