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Ponoka Aquaplex

5315 46th Ave

Summer Schedule (July 2nd - August 31st, 2018)

Admission Rates	Monday	Tuesday	Wednesday	Thursday	Friday	INFO
Pre-K (1-5): \$1.50 Child (6-12): \$3.75 Teen (13-17): \$4.75 Adult (18-59): \$5.50 Senior (60+): \$4.75 Family: \$14.00 Senior Fitness: \$5.25 Adult Fitness: \$6.50 Showers: \$3.00	Lap Swim 6:00 - 8:30 am	Lap Swim 6:00 - 8:30 Gators 7:30 - 8:30am (3 Lanes)	Lap Swim 6:00 - 8:30 am	Lap Swim 6:00 - 8:30	Lap Swim 6:00 - 8:30 Gators 7:30 - 8:30am (3 Lanes)	<b>Recorded Schedule: 403-783-0110</b>  <b>Front Desk: 403-783-0131</b>  <i>Check Town of Ponoka Facebook page for upcoming events and schedule changes</i>
	Water Fitness 8:30 - 9:30 am	Water Fitness 8:30 - 9:30 am	Water Zumba 8:30 - 9:30 am	Water Fitness 8:30 - 9:30 am	Water Fitness 8:30 - 9:30 am	
	Swim Lessons 9:30am - 12:00pm	Swim Lessons 9:30am - 12:00pm	Swim Lessons 9:30am - 12:00pm	Swim Lessons 9:30am - 12:00pm	Everyone Welcome (One Lap Lane) 9:30-12:00	
	Lap Swim 12:00 - 1:00pm	Lap Swim 12:00 - 1:00pm	Lap Swim 12:00 - 1:00pm	Lap Swim 12:00 - 1:00pm	Lap Swim 12:00 - 1:00pm	
	Sunday	Parent & Tot 12:00 - 1:00pm	Parent & Tot 12:00 - 1:00pm	Parent & Tot 12:00 - 1:00pm	Parent & Tot 12:00 - 1:00pm	
Private Pool Rental Time 1:00 - 2:00pm	Everyone Welcome 1:00 - 4:00pm	Everyone Welcome 1:00 - 4:00pm	Everyone Welcome 1:00 - 4:00pm (Youth Centre 1-3pm)	Everyone Welcome 1:00 - 4:00pm	Everyone Welcome 1:00 - 4:00pm	Life Saving Society Swim Lessons 10:00 - 1:00pm
Family Swim 2:00 - 3:30pm	One Lap Lane 1:00-4:00	One Lap Lane 1:00-4:00		One Lap Lane 1:00-4:00	One Lap Lane 1:00-4:00	Private Pool Rental Time 1:00 - 2:00pm
Everyone Welcome 3:30 - 5:00pm	Gators Swim Club 4:00 - 5:30pm	Gators Swim Club 4:00 - 6:15pm	Gators Swim Club 4:00 - 5:30pm	Gators Swim Club 4:00 - 6:15pm	Gators Swim Club 4:00 - 6:30pm	Family Swim 2:00 - 3:30pm
<b><i>During family swim any children under the age of 18 must be accompanied in the pool by someone 18 or older</i></b>	LSS Lessons 5:30 - 6:30 pm		LSS Lessons 5:30 - 6:30 pm		1 Lap Lane 6:30 - 8:30	
	1 Lap Lane 6:30 - 9:00pm	Everyone Welcome Loonie Swim 6:15-7:00	1 Lap Lane 6:30 - 9:00pm	Everyone Welcome Loonie Swim 6:15-7:00	Everyone Welcome 6:30 - 8:30pm	Everyone Welcome 3:30 - 5:00pm
	Water Fitness 6:30 - 7:30pm	Aqua Zumba 7:00 - 8:00pm	Water Fitness 6:30 - 7:30pm	Deep Water Fitness 7:00 - 8:00pm		<b><i>At all times: children 7 yrs &amp; under must have a caregiver in the water <u>within arms reach</u></i></b>
	Everyone Welcome 7:30-9:00pm	Lap & Adult Swim 7:00-9:00pm	Everyone Welcome Toonie Swim 7:30-9:00pm	Lap & Adult Swim 7:00-9:00pm	Every Second Week FCSS hosts a Free Everyone Welcome Swim July 13 & 27, Aug 10 & 24	
	**Please note schedule is subject to change if deemed necessary**					