

# May and June Schedule Ponoka Aquaplex

5315 46 Ave Ponoka AB T4J 1J4

(Please see Lesson Schedule for days school children will be at the pool)

Admission Rates	Monday	Tuesday	Wednesday	Thursday	Friday	INFO	
Pre-K (1-5): \$1.50 Child (6-12): \$3.75 Teen (13-17): \$4.75 Adult (18-59): \$5.50 Senior (60+): \$4.75 Family: \$14.00 Senior Fitness: \$5.25 Adult Fitness: \$6.50 Adult Fitness: \$6.50 Showers: \$3.00	Lap Swim 6:00-8:30am	Lap Swim 6-8:30 <span style="background-color: #6aa84f; color: white;">Gators 7-8 (3 Lanes)</span>	Lap Swim 6:00-8:30am	Lap Swim 6-8:30 <span style="background-color: #6aa84f; color: white;">Gators 7-8 (3 Lanes)</span>	Lap Swim 6:00-8:30am	Recorded Schedule: 403-783-0110 Front Desk: 403-783-0131 Check Town of Ponoka Facebook page for upcoming events and schedule changes.	
	Water Fitness 8:30 - 9:30 am	Water Fitness 8:30 - 9:30 am	Water Zumba 8:30 - 9:30 am	Water Fitness 8:30 - 9:30 am	Water Fitness 8:30 - 9:30 am		Water Fitness 8:30 - 9:30 am
	School Programs 9:30am - 11:45pm	School Programs 9:30am - 11:45pm	School Programs 9:30am - 11:45pm	School Programs 9:30am - 11:45pm	School Programs 9:30am - 11:45pm		School Programs 9:30am - 11:45pm
	Noon Lap Swim 11:45- 1:00 pm	Noon Lap Swim 11:45- 1:00 pm	Noon Lap Swim 11:45- 1:00 pm	Noon Lap Swim 11:45- 1:00 pm	Noon Lap Swim 11:45- 1:00 pm		Noon Lap Swim 11:45- 1:00 pm
	Parent and Tot 11:45 - 1:00pm	Parent and Tot 11:45 - 1:00pm	Parent and Tot 11:45 - 1:00pm	Parent and Tot 11:45 - 1:00pm	Parent and Tot 11:45 - 1:00pm		Parent and Tot 11:45 - 1:00pm
<b>Sunday</b>						<b>Saturday</b>	
Private Pool Rental Time 1:00 - 2:00 pm	School Programs 1:15-3:00	School Programs 1:15-3:00	School Programs 1:15-3:00	School Programs 1:15-3:00	School Programs 1:15-3:00	Private Pool Rental Time 1:00 -2:00	
Everyone Welcome 2:00 - 5:00pm	Everyone Welcome Toonie Swim 3:00 - 5:00pm	Everyone Welcome 3:00 - 4:00pm	Everyone Welcome Toonie Swim 3:00 - 5:00pm	Everyone Welcome 3:00 - 4:00pm	Everyone Welcome 3:00 - 4:00pm	Everyone Welcome Swim 2:00-5:30 pm	
		Life Saving Society Swim Lessons 4:00-5:30pm		Life Saving Society Swim Lessons 4:00-5:30pm	Life Saving Society Swim Lessons 4:00-5:00pm		
<b>All children under 36 months are required to wear a swim diaper and a water proof diaper cover. Diapers and cover are available for purchase at the pool.</b>	Gators Swim Club 5:00 - 6:30pm	Gators Swim Club 5:30-7:00pm	Gators Swim Club 5:00 - 6:30pm	Gators Swim Club 5:30-7:00pm	Gators Swim Club 5:00 - 6:30pm	Private Pool Rental Time 5:30-6:30	
	Everyone Welcome 6:30-8:00	Water Fitness 7:00 - 8:00pm	Everyone Welcome 6:30-8:00	Deep Water Fitness 7:00 - 8:00pm	Everyone Welcome 6:30 - 8:30pm	Everyone Welcome Swim 6:30-8:00pm	
	Water Fitness/Lap Lanes 8:00-9:00pm	Lap & Adult Swim 7:00 -9:00 pm	Water Fitness/Lap Lanes 8:00-9:00pm	Lap & Adult Swim 7:00-9:00pm	Every Second Week FCSS hosts a Free Everyone Welcome Swim May 3, 17, & 31 June 14 & 28th		

For more information please visit: [www.ponoka.ca](http://www.ponoka.ca)

\*\*Please note schedule is subject to change.\*\*

~ Lap Lane + Parent & Tot open all day except during Pool Sharks, Fitness & Lessons~