

Ponoka Aquaplex Will Offer Swimming Lessons and Junior Lifeguard Club Beginning in October

Registration is open for swimming lessons (all levels) and Junior Lifeguard Club (JLC) at the Ponoka Aquaplex. Monday and Friday swimming lessons and JLC will be offered from October 5 – November 4. JLC and swim lessons will also be offered on Fridays from October 9 – December 11.

All lessons will be held between 4 – 5:30 p.m. Children enrolling in JLC or Swim Kids 5 or above are required to complete a swimming assessment prior to enrollment to ensure proper swim level placement. JLC is open to children who have completed Swim Kids 4 and up.

COVID-19 Precautions

To help prevent the spread of COVID-19 and to protect the safety of Aquaplex users and staff, the following measures are being put in place at the Aquaplex:

- For swimming lessons, a caregiver aged 16 or older must be in the water at all times with children enrolled in Sea Otter to Swim Kids 4;
- Change room access is limited, so swimmers must arrive already dressed for swimming;
- Caregivers, parents and children with symptoms of COVID-19 (flu-like symptoms such as fever, cough, runny nose, sore throat or shortness of breath), or those who have been exposed to someone with a confirmed or probable case of COVID-19, or have travelled outside of Canada in the last 14 days are asked to stay home and not attend swimming lessons;
- All children enrolled in swimming lessons must be signed into the Aquaplex by a caregiver aged 16 or older and answer some COVID screening questions. Children who arrive without a caregiver to sign them in will not be permitted to participate in their swim lesson;
- Spectators will be limited to one person per family during swim lessons;
- Swimmers must have a soapy shower on the pool deck before entering the pools; and
- Facility users are required to use available hand sanitizer upon entering the



building and to follow physical distancing requirements.

For a detailed schedule and pricing for swimming lessons and JLC, please visit the Town website at www.ponoka.ca. Click 'Community' on the main menu, then click 'Recreation' on the side menu to find the Aquaplex link. If you have questions, please phone the Aquaplex at 403-783-0131.

Anyone interested in enrolling in any of the following courses is asked to phone 403-783-0122: Bronze Cross & Bronze Medallion, Standard First Aid and CPR C or AEC, National Lifeguard or Water Safety.

~ TOWN NEWS ~

- **Grey Carts and Green Carts** should be placed at the curb for pick up on Sept. 9, 10 and 11 – depending on your Zone.
- **Green Carts & Recyclable Materials** bundled in clear or blue transparent plastic bags should be placed at the curb for pick up on Sept. 16, 17 and 18 – depending on what Zone you live in.
- **What Goes IN Your Green Cart** – Did you know if you dispose of the wrong materials in your green compost cart (such as plastic bags), the entire load for your area will be taken to the landfill instead of being made into earth-friendly compost? This increases disposal costs for the entire Town by having to haul more waste to the landfill. For a complete list of what you can put into the green compost cart, go to the Town website at www.ponoka.ca, click 'Community' on the top menu bar, then click 'Recycling, Disposal & Waste' in the left-hand menu, and click 'Residential Waste & Recycling Program' from the drop-down menu. Scroll down the page and click on '2020 Green Cart "What Goes IN and What Stays OUT"'

~ UPCOMING COUNCIL MEETINGS ~

- **Next TOWN COUNCIL MEETING: Monday, September 21, 2020 @ 7 p.m.**
- **Next COMMITTEE OF THE WHOLE MEETING: Tuesday, September 15, 2020 @ 7 p.m.**
- **The public is welcome to observe all Council and Committee of the Whole meetings electronically due to COVID-19. Please register first** by no later than 12 noon on the day of the meeting by phoning 403-783-4431 during office hours Monday to Friday 9 a.m. to 4:30 p.m. You will be provided with details on how to observe the meeting by telephone or an online audio link.
- **Public Forum:** If you would like to address Council via telephone during the Public Forum portion of the meeting, please register by no later than 12 noon on the day of the meeting by phoning 403-783-4431.

Give Us YOUR Input on the 2021 Town Budget

View the Town of Ponoka's virtual Budget Open House and fill in the Citizen Input Survey on the Town's website at www.ponoka.ca until September 27.

Paper copies are available at the Town Office (#200, 5604 - 50 Street) and at the Aquaplex (5315 46 Avenue).

Give

Your

Input

Ponoka Budget 2021



Hometown Weekly

Town of Ponoka News & Events

Town of Ponoka
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www.ponoka.ca