

Fall 2018 Courses /Lessons

Monday/Wednesday PM Lessons

Session 1: September 24 - October 17 (No Lessons Oct 8)
 Session 2: October 22 - November 14 (No Lesson Oct 31)
 Session 3: November 19 - December 12

Level	Time	Cost
Preschool 1/2	5:30-6:00	\$40
Preschool 3/4	6:15-6:45	\$40
Swimmer 1	6:00-6:30	\$40
Swimmer 2/3	5:30-6:15	\$40
Swimmer 4/5	5:30-6:15	\$40

Friday PM Lessons

October 12-November 30 2018
 January 18 - March 8 2019

Level	Time	Cost
Preschool 1/2	4:00-4:30	\$40
Preschool 3/4	5:00-5:30	\$40
Swimmer 1	4:30-5:00	\$40
Swimmer 2/3	4:00-4:45	\$40
Swimmer 4/5	4:45-5:30	\$40

Saturday AM Lessons

October 13 -December 1 2018
 January 19 - March 9 2019

Level	Time	Cost
Parent and Tot	10:00 -10:30	\$40
Preschool 1	11:15-11:45	\$40
Preschool 2/3	10:30-11:00	\$40
Swimmer 1	10:00 -10:30	\$40
Swimmer 2	10:30-11:15	\$40
Swimmer 3/4	11:00-11:45	\$40-\$44
Swimmer 5/6	11:45-12:30	\$44
Swim Patrol	11:45-12:30	\$52

Junior Lifeguard Club

(Work Towards your Rookie/Ranger/Star Patrol Badges)

Friday October 13 - December 1 4-6pm

Friday January 18 -March 8 4-6pm

Cost: \$120 inc GST

National Lifeguard and AEC

October 12, 13, 14 and October 19, 20, and 21

Friday 5-9pm; Sat/Sun 8am-5pm

Cost \$350 Inc GST

National Lifeguard Recertification

September 22; 8am - 2pm (Review and Recert)

Cost:\$ 90 inc GST

Babysitting Course: \$63 inc GST

September 14, October 12, November 30

Stay Safe Course: \$53 inc GST

September 14, October 12, November 30

First Aid Courses

Available Upon Request

Private Lessons

Flexible Times Available

Private - \$20; Semi Private \$30
 (30 minutes)

Book Online or Contact Aquaplex

FCSS Sponsored Free Swim

Every Second Friday

6:00-8:00pm

September 7 & 21; October 5 & 19

November 2, 16 & 30; December 14 & 28



For More Information or to register please contact Ponoka Aquaplex
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