

# April 2019 Ponoka Aquaplex Schedule

5315 46 Ave Ponoka AB T4J 1J4

Admission Rates	Monday	Tuesday	Wednesday	Thursday	Friday	Info
Pre-K (1-5): \$1.50 Parent & Tot: \$5.00 Child (6-12): \$3.75 Teen (13-17): \$4.75 Adult (18-59): \$5.50 Senior (60+): \$4.75 Family: \$14.00 Senior Fitness: \$5.25 Adult Fitness: \$6.50 Showers: \$3.00	Lap Swim 6:00-8:30 am	Lap Swim 6:00-8:30 am	Lap Swim 6:00-8:30 am	Lap Swim 6:00-8:30 am	Lap Swim 6:00-8:30 am	Recorded Schedule: 403-783-0110 Front Desk: 403-783-0131 Check Town of Ponoka Facebook page for upcoming events and schedule changes.
	Water Fitness 8:30-9:30 am	Water Fitness 8:30-9:30 am	Water Fitness 8:30-9:30 am	Water Fitness 8:30-9:30 am	Water Fitness 8:30-9:30 am	
	School/Town Lessons 9:30-11:45am	School/Town Lessons 9:30-11:45am	School/Town Lessons 9:30-11:45am	School/Town Lessons 9:30-11:45am	School/Town Lessons 9:30-11:45am	
	Lap Swim 11:45-1:00pm	Lap Swim 11:45-1:00pm	Lap Swim 11:45-1:00pm	Lap Swim 11:45-1:00pm	Lap Swim 11:45-1:00pm	
* Parent and tot and one lap lane may be unavailable on days where we have school bookings. Please call 403-783-0131 for inquiry.	School/Town Lessons 1:00-2:30 pm	School/Town Lessons 1:00-2:30 pm	School/Town Lessons 1:00-2:30 pm	School/Town Lessons 1:00-2:30 pm	School/Town Lessons 1:00-2:30 pm	<b>Saturday</b>
	Everyone Welcome 3:00-4:00 pm	Everyone Welcome 3:00-4:00 pm	Everyone Welcome 3:00-4:00 pm	Everyone Welcome 3:00-4:00 pm	Everyone Welcome 3:00-4:00 pm	Life Saving Society Swim Lessons 10:00 -1:00pm
	Pool Sharks 4:00-5:30	Pool Sharks 4:00-5:30	Pool Sharks 4:00-5:30	Pool Sharks 4:00-5:30	JLC 4-6 pm LSS Lessons 4-6pm	Private Pool Rental Time 1:00 - 2:00pm
<b>Sunday</b>	LSS Lessons 5:30 - 6:30 pm	Family Toonie Swim 5:30-7:00	LSS Lessons 5:30 - 6:30 pm	Family Toonie Swim 5:30-7:00	Everyone Welcome 6:00 - 8:00  Every Second Friday FCSS hosts a free Everyone Welcome Swim <b>Dates</b> April 5th and 26th	Everyone Welcome Swim 2:00-4:00pm
Private Pool Rental 1:00 - 2:00pm	Water Fitness 6:30-7:30	Deep Water Fitness 7:00-8:00pm	Water Fitness 6:30-7:30	Deep Water Fitness 7:00-8:00pm		Family Swim 4:00-5:30pm
Family Swim 2:00 - 3:30pm	Everyone Welcome Swim 7:30-9:00pm	Lap & Adult Swim 7:00-9:00pm	Everyone Welcome Swim 7:30-9:00pm	Lap & Adult Swim 7:00-9:00pm		Private Pool Rental Time
Everyone Welcome Swim 3:30-5:00 pm						Everyone Welcome Swim 6:30-8:00pm
<b>At all times: children                      7 yrs &amp; under must                      have an adult                      caregiver in the water                      within arms reach</b>	For more information please visit: <a href="http://www.ponoka.ca">www.ponoka.ca</a> **Please note schedule is subject to change.**					During family swim anyone 17 and under must have an adult in the water with them.
~ Lap Lane + Parent & Tot open all day except during Pool Sharks, Fitness & Lessons~						