



Winter Lessons 2023

Session 1: Registration Opens December 19

Session 2 and 3: Registration Opens January 30

Register online at www.ponoka.ca/p/aquaplex

Monday/Wednesday PM Lessons

Session 1: January 23 - February 15

Session 2: February 27 - March 22

Session 3: April 3 - 26

Level	Time	Cost
Preschool 1/2	5:30 - 6 p.m.	\$43
Preschool 3/4	6 - 6:30 p.m.	\$43
Swimmer 1	6:30 - 7:15 p.m.	\$47.25
Swimmer 2/3	5:30 - 6:15 p.m.	\$47.25
Swimmer 4/5	6:15 - 7 p.m.	\$47.25

Friday PM Lessons

Session 1: January 13 - March 3

Session 2: March 10 - April 28

(No Lessons on April 7)

Level	Time	Cost
Parent and Tot	4 - 4:30 p.m.	\$43
Preschool 1/2	5:30 - 6 p.m.	\$43
Preschool 3/4	5:15 - 5:45 p.m.	\$47.25
Swimmer 1/2	4:30 - 5:15 p.m.	\$47.25
Swimmer 3/4	5:45 - 6:30 p.m.	\$47.25
Junior Lifeguard Club	4 - 5:30 p.m.	\$120.38

Saturday AM Lessons

Session 1: January 14 - March 4

Session 2: March 11 - April 29

(No Lessons on April 8)

Level	Time	Cost
Parent and Tot	9:45 - 10:15 a.m.	\$43
Preschool 1/2	10:30 - 11 a.m.	\$43
Preschool 3/4	11 - 11:30 a.m.	\$43
Swimmer 1	9:45 - 10:30 a.m.	\$47.25
Swimmer 2	10:15 - 11a.m.	\$47.25
Swimmer 3/4	9 - 9:45 a.m.	\$47.25
Swimmer 5/6	9 - 9:45 a.m.	\$47.25
Swim Patrol	11 a.m. - 12 p.m.	\$55.75

Advanced Red Cross Courses

Babysitting Course

Dates: February 24 **Time:** 9 a.m. - 4 p.m.

Cost: \$63 Inc. GST

Pre Requisites: Age 11+

Stay Safe Course

Dates: February 23 **Time:** 9 a.m. - 3 p.m.

Cost: \$53 Inc. GST

Pre Requisites: Ages 9-13 years

For more information or to register please visit www.ponoka.ca

Phone: 403-783-0131 | Email: recreation@ponoka.ca