

Spring 2025 Swimming Lessons & Advanced Courses

Registration opens on Monday, March 24 at 9 a.m.

For more information or to register please visit www.ponoka.ca Phone:403-783-0131 | Email: recreation@ponoka.ca

Parent & Tot Lessons Cost: \$45				
Session	Dates of Class	Days	Time	
2	April 26 - May 31	Saturdays	9 - 9:40 a.m.	
Preschool 1/2 Cost: \$45				
Session	Dates of Class	Days	Time	
1	April 7 - 28 (no class on April 21)	Mon/Wed	5:45 - 6:25 p.m.	
2	April 26 - May 31	Saturdays	10:50 - 11:30 a.m.	
Preschool 3/4 Cost: \$45				
Session	Dates of Class	Days	Time	
1	April 7 - 28 (no class on April 21)	Mon/Wed	6:35 - 7:20 p.m.	
2	April 26 - May 31	Saturdays	9:50 - 10:30 a.m.	
Swimmer 1/2 Cost: \$50				
Session	Dates of Class	Days	Time	
1	April 7 - 28 (no class on April 21)	Mon/Wed	6:30 - 7:15 p.m.	
2	April 26 - May 31	Saturdays	10:05 - 10:50 a.m.	



Swimmer 3/4 Cost: \$50						
Session	Dates of Class	Days	Time			
1	April 7 - 28 (no class on April 21)	Mon/Wed	5:45 - 6:30 p.m.			
2	April 26 - May 31	Saturdays	9 - 9:45 a.m.			
3	May 12 - June 2 (no class on May 19)	Mon/Wed	6:35 - 7:20 p.m.			
	Swim	mer 5/6				
Cost: \$50						
Session	Dates of Class	Days	Time			
2	April 26 - May 31	Saturdays	9:45 - 10:45 a.m.			
	Rookie, Ranger, Star Patrol					
	Cost	\$58.50				
Session	Dates of Class	Days	Time			
2	April 26 - May 31	Saturdays	9 - 10 a.m.			
3	May 12 - June 2 (no class on May 19)	Mon/Wed	6 - 7 p.m.			
	National Lifegu	uard Cert	ification			
	Cos	t: \$309				
Session	Dates of Class		Time			
1	March 27, 28, 29 &	Please check our website for exact times				
Private Lessons						
	April 4, 5, 6		exact times			
	April 4, 5, 6	e Lessons	exact times			
	April 4, 5, 6 Private Cost: \$30 p dule private lessons, p 403-7	e Lessons per one conta please conta 83-0131.	exact times lass act Meaghan Sewell at			
	April 4, 5, 6 Private Cost: \$30 points Edule private lessons, p	e Lessons per one conta please conta 83-0131.	exact times lass act Meaghan Sewell at			
(Each ti	April 4, 5, 6 Private Cost: \$30 p dule private lessons, p 403-7 me slot is for one child only ar April 26 - May 31	e Lessons per one collease conta 83-0131. Ind is available f	exact times lass act Meaghan Sewell at for children ages 6 and up.)			
(Each ti	April 4, 5, 6 Private Cost: \$30 p dule private lessons, p 403-7 me slot is for one child only ar April 26 - May 31 (6 classes) April 26 - May 31	e Lessons per one collease conta 83-0131. Ind is available for	exact times lass act Meaghan Sewell at for children ages 6 and up.) 10:35 - 11:05 a.m.			
(Each ti	April 4, 5, 6 Private Cost: \$30 p dule private lessons, p 403-7 me slot is for one child only ar April 26 - May 31 (6 classes) April 26 - May 31 (6 classes) May 2 & 9	e Lessons Der one collease conta 83-0131. Ind is available for Saturdays	exact times lass act Meaghan Sewell at for children ages 6 and up.) 10:35 - 11:05 a.m. 11:10 - 11:40 a.m.			
(Each ti 1 1 2	April 4, 5, 6 Private Cost: \$30 p dule private lessons, p 403-7 me slot is for one child only ar April 26 - May 31 (6 classes) April 26 - May 31 (6 classes) May 2 & 9 (2 classes) May 2 & 9	e Lessons Der one collease conta 83-0131. Ind is available for Saturdays Saturdays Fridays	exact times lass act Meaghan Sewell at for children ages 6 and up.) 10:35 - 11:05 a.m. 11:10 - 11:40 a.m. 6 - 6:30 p.m.			
(Each ti 1 1 2	April 4, 5, 6 Private Cost: \$30 p dule private lessons, p 403-7 me slot is for one child only ar April 26 - May 31 (6 classes) April 26 - May 31 (6 classes) May 2 & 9 (2 classes) May 2 & 9 (2 classes) May 16 & 23	e Lessons Der one collease conta 83-0131. Indis available for Saturdays Saturdays Fridays	exact times lass act Meaghan Sewell at for children ages 6 and up.) 10:35 - 11:05 a.m. 11:10 - 11:40 a.m. 6 - 6:30 p.m. 6:30 - 7 p.m.			

May 30 & June 6

(2 classes)

May 30 & June 6

(2 classes)

4

4

Fridays

Fridays

6 - 6:30 p.m.

6:30 - 7 p.m.