



Spring 2025 Swimming Lessons & Advanced Courses

Registration opens on Monday, March 24 at 9 a.m.

For more information or to register please visit www.ponoka.ca
 Phone: 403-783-0131 | Email: recreation@ponoka.ca

Parent & Tot Lessons Cost: \$45			
Session	Dates of Class	Days	Time
2	April 26 - May 31	Saturdays	9 - 9:40 a.m.
Preschool 1/2 Cost: \$45			
Session	Dates of Class	Days	Time
1	April 7 - 28 (no class on April 21)	Mon/Wed	5:45 - 6:25 p.m.
2	April 26 - May 31	Saturdays	10:50 - 11:30 a.m.
Preschool 3/4 Cost: \$45			
Session	Dates of Class	Days	Time
1	April 7 - 28 (no class on April 21)	Mon/Wed	6:35 - 7:20 p.m.
2	April 26 - May 31	Saturdays	9:50 - 10:30 a.m.
Swimmer 1/2 Cost: \$50			
Session	Dates of Class	Days	Time
1	April 7 - 28 (no class on April 21)	Mon/Wed	6:30 - 7:15 p.m.
2	April 26 - May 31	Saturdays	10:05 - 10:50 a.m.
3	May 12 - June 2 (no class on May 19)	Mon/Wed	5:45 - 6:30 p.m.

Swimmer 3/4 Cost: \$50			
Session	Dates of Class	Days	Time
1	April 7 - 28 (no class on April 21)	Mon/Wed	5:45 - 6:30 p.m.
2	April 26 - May 31	Saturdays	9 - 9:45 a.m.
3	May 12 - June 2 (no class on May 19)	Mon/Wed	6:35 - 7:20 p.m.
Swimmer 5/6 Cost: \$50			
Session	Dates of Class	Days	Time
2	April 26 - May 31	Saturdays	9:45 - 10:45 a.m.
Rookie, Ranger, Star Patrol Cost: \$58.50			
Session	Dates of Class	Days	Time
2	April 26 - May 31	Saturdays	9 - 10 a.m.
3	May 12 - June 2 (no class on May 19)	Mon/Wed	6 - 7 p.m.
National Lifeguard Certification Cost: \$309			
Session	Dates of Class	Time	
1	March 27, 28, 29 & April 4, 5, 6	Please check our website for exact times	
Private Lessons Cost: \$30 per one class			
To schedule private lessons, please contact Meaghan Sewell at 403-783-0131. (Each time slot is for one child only and is available for children ages 6 and up.)			
1	April 26 - May 31 (6 classes)	Saturdays	10:35 - 11:05 a.m.
1	April 26 - May 31 (6 classes)	Saturdays	11:10 - 11:40 a.m.
2	May 2 & 9 (2 classes)	Fridays	6 - 6:30 p.m.
2	May 2 & 9 (2 classes)	Fridays	6:30 - 7 p.m.
3	May 16 & 23 (2 classes)	Fridays	6 - 6:30 p.m.
3	May 16 & 23 (2 classes)	Fridays	6:30 - 7 p.m.
4	May 30 & June 6 (2 classes)	Fridays	6 - 6:30 p.m.
4	May 30 & June 6 (2 classes)	Fridays	6:30 - 7 p.m.

